



Kansas City KS Public Schools  
 Parents As Teachers  
 2010 N 59th St  
 Kansas City KS 66104



Kck Parents As Teachers

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 Courtney Burdette  
 Kate Manivong  
 Rachel Pollock  
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Phone KanCare or contact your Parent Educator for more information and to request an application.

**KanCare: 1-800-866-305-5147**  
**www.kancare.ks.gov**

**Interpreters are available and applications are available in 10 languages.**

**What is KanCare?** On January 1, 2013 Kansas Medicaid and HealthWave became KanCare.

KanCare is the State of Kansas' plan to improve services and manage Medicaid costs. There are three major programs for individuals and families who qualify:

- **KanCare under the Medicaid plan** - The largest program, this covers people with limited income, which may include pregnant women, children, persons with disabilities and senior citizens.
- **KanCare under the CHIP plan** - This is the Children's Health Insurance Program. It covers children up to age 19 who don't qualify for Medicaid.
- **MediKan** - The only program that is funded en-

tirely by State funds. It covers people who are trying to get Social Security disability benefits.

All medical assistance programs provide prescription drugs, mental health services and medical (doctor) coverage. Inpatient hospital, hearing, dental, and eye-wear coverage is also included for most persons.

You may qualify for these programs if you are a Kansas resident and fall into one of these groups:

- Children up to age 19; including those in foster care or who get adoption support payments
- Pregnant women
- Persons who are blind or disabled by Social Se-

- curity rules
- Persons 65 or older
- Low income families with children
- Persons screened or diagnosed with breast or cervical cancer through the Early Detection Works program.

Additional factors in considering eligibility include citizenship and immigrant status, income, other health insurance (if any), and the number of people in your household. Medical assistance is reviewed every year and you may be required to re-apply when it is time for your review.

Parents As Teachers



**Pitter Patter**



Parents As Teachers  
 KCK Public Schools  
 2010 N 59th St  
 Kansas City KS 66104  
 913-627-4375

# Block Fest!

**APRIL 28, 2015**  
**5:30 P.M. TO 7:00 P.M.**

**KCKPS CENTRAL OFFICE  
 & TRAINING CENTER  
 2010 N 59TH STREET  
 KANSAS CITY KS**



On April 28th, with hands-on block play, we'll show you and your child how these versatile toys can help develop math skills such as grouping, sorting, adding, subtracting, using fractions and even understanding geometry.

We'll help you to use blocks to teach your child science concepts like gravity or balance. They'll develop social skills by sharing and cooperating. Blocks will help build strength in fingers and hands as well as develop eye/hand coordination.

*A light meal will be served from 5:30 p.m. to 6:00 p.m.*

**Space is limited for this very special playgroup, so call our office at 913-627-4361 and reserve your space right away!**

## RESCHEDULED!



**MARCH 11, 2015**  
**5:30 p.m. to 7:00 p.m.**  
**KCKPS CENTRAL OFFICE**  
**2010 N 59TH ST, KCKS**  
**Call 913-627-4361 to**  
**reserve a spot!**

*Note: In order to allow time for our planned activities, no meals will be served after 5:50 p.m.*

Experts agree that too much screen time for very young children can hinder their development--especially in the area of language development. We want to show you how to make watching a movie with your toddler interactive as well as fun and entertaining!

You'll enjoy a light meal before heading off to the "assembly line" to build and decorate a cardboard box car with your child. Then it will be off to the "drive-in theater" to enjoy a short, age appropriate movie selection.

You will find that by being selective about what your child is watching, by talking about what is happening on the screen, and by setting screen time limits your child can enjoy movies and television while interacting and bonding with their family.

# Themed Playgroup

Thursday PAT playgroups are themed playgroups. Each month focuses on a different topic and activities and handouts are planned around that topic. Children are asked to participate in a more structured environment by having set times for greeting & goodbye songs, free play, activities and snacks. Themed playgroup is a great way to introduce your toddler to some of the expectations of preschool.

MARCH'S THEME IS:	APRIL'S THEME IS:	MAY'S THEME IS:
OUR SENSES	SAFETY	BOXES

10:00 a.m. to 10:30 a.m.	Free Play
10:35 a.m. to 10:50 a.m.	We say "Hello" and have Circle Time
10:55 a.m. to 11:10 a.m.	A craft or activity is shared.
11:15 a.m. to 11:30 a.m.	We read a special story
11:35 a.m. to 11:50 a.m.	We wash our hands & have a snack
11:50 a.m. to 11:55 a.m.	We sing the Clean Up Song & put our things away
11:55 a.m. to 12:00 noon	We say our Goodbyes

The PAT playroom is located on the 2nd Floor of KCKPS Central Office & Training Center, 2010 North 59th Street, Kansas City KS

## Stuff Happens...

No matter how much planning is done for an event, you just can't avoid the unexpected!



This was obvious when our PAT Movie Night had to be postponed due to inclement weather. We were able to reach most of our families and it was a real plus to have a list of RSVP's to work with. Many thanks to those of you who took the time to call ahead of time and reserve a spot!

If you plan on attending one of our future functions, please contact your Parent Educator or our office (913-627-4361) if you have **any doubts** at all about the weather and how it will impact our event. Severe storms can pop up any time of year and we will never put our families in harms way!

If something happens on our end--loss of power or water problems, for example--we will ask your Parent Educator to contact those of you who have expressed an interest in the event. Be sure she has your current phone number and knows the best way to contact you! We will also try to put an announcement on our Facebook page.

**Stuff happens...and when it does, we need to be able to reach you!**

## Get Ready To Graduate!



There will be a graduating ceremony on Saturday, April 25, 2015 for families who have children that have turned three years old while in the program this school year (July 1, 2014 through June 30, 2015)

A letter will be sent to you with the place and time of this event by mid-March. Once you receive the letter, please call (913-627-4361) to RSVP. Your immediate family and up to four additional guests may attend.

## Just For Dads: "Doodies" and Don'ts of Changing Diapers



### Few things are less fun-from a baby's perspective-than a wet or dirty diaper.

Fortunately, it's easy to keep your little one happy, healthy, clean and dry. As you go to change your baby's diaper, remember these important dos and don'ts:

**DO** change your baby's diaper frequently. For a newborn, this may be as often as 10 times a day. Don't depend on your sense of smell alone to determine when it's time. Lightly pat the diaper to gauge whether it's heavy or full, or gently pull at the waistband and take a peek inside to ensure that your baby is clean and dry.

**DO** select a safe spot for changing. This can be a changing table or a changing pad placed on the floor, bed or sofa. Wherever you choose to change your baby, it helps to keep supplies (clean diapers, baby wipes, washcloths and diaper ointment or petroleum jelly) within arm's reach.

**DON'T** ever leave your baby unattended on a changing table or any other changing surface that's not the floor. You never know when your newborn will roll for the first time.

**DO** always wipe from front to back, especially when changing a baby girl. This will help prevent infections in the urinary tract.

**DO** cover your baby with a clean diaper after you've removed the dirty one, especially if you have a boy. This will keep you, the changing area and your baby's clothes from getting wet if your little one decides to pee before you can get a clean diaper on him.

**DO** point your baby boy's penis down to prevent leaks around the waistline.

**DON'T** use baby powder, which isn't necessary and can be dangerous if your baby inhales it.

Instead, apply diaper ointment or petroleum jelly.

**DO** know the signs of diaper rash: red, irritated skin and small, red bumps. If these appear on your little one's diaper area, be extra vigilant about changing diapers frequently and apply a diaper cream with zinc oxide to create a barrier between your baby's skin and wetness. If diaper rash happens often, persists for more than two or three days, is accompanied by fever or seems particularly severe, check with your baby's doctor.

**DON'T** fasten diapers too tightly. If the diaper leaves marks around your baby's waist and legs, it's too snug.

**DO** keep toys or rattles on hand, or hang a mobile over the changing table to keep your little one occupied while you change his diaper.

**DO** wash your hands after every diaper change to prevent the spread of germs. If you can't get to a sink for some soap and water, use hand sanitizer or baby wipes.

## PARENT SATISFACTION SURVEY

To help us make our program the best it can be, please complete this short survey by circling the number that best describes your experience (1=Strongly Disagree; 2=Disagree; 3=Neither Agree nor Disagree; 4=Agree; 5=Strongly Agree) You may mail it back to us, give it to your Parent Educator next time she visits, or turn it in at playgroup. Your responses will be kept private! Thank you!

Are you the child's:     **mother**                      **father**                      **other (please specify)** \_\_\_\_\_

Circle the number that best describes your experience.	Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree
Please note that ratings go from left to right.					
1. I feel comfortable talking with my parent educator.	1	2	3	4	5
2. My parent educator is genuinely interested in me and my child.	1	2	3	4	5
3. Activities in the visits strengthen my relationship with my child.	1	2	3	4	5
4. My parent educator encourages me to read books to my child.	1	2	3	4	5
5. My parent educator and I partner to set goals for my child, myself and my family.	1	2	3	4	5
6. My parent educator helps me find useful resources in my community.	1	2	3	4	5
7. My parent educator gives me handouts that help me continue learning about parenting and child development.	1	2	3	4	5
8. This program motivates me to try new parenting strategies.	1	2	3	4	5
9. This program increases my understanding of my child's development.	1	2	3	4	5
10. This program helps me build relationships with other families.	1	2	3	4	5
11. I feel less stressed because of this program.	1	2	3	4	5
12. I am very satisfied with this program.	1	2	3	4	5
13. I would recommend this program to a friend.	1	2	3	4	5

**What about this program has been most helpful to you and your family?**

**What could be improved about this program?**

**Additional Comments:**

**Parent Educator Name (optional):** \_\_\_\_\_

**Your Name (optional):** \_\_\_\_\_

## PAT CALENDAR

### MARCH HIGHLIGHTS

- **PLAYGROUP ON TUESDAYS AND THURSDAYS AT 10:00 A.M.**
- **NO PLAYGROUP 3/17 & 3/19 (SPRING BREAK)**
- **PAT DRIVE-IN MOVIE NIGHT 3/11**



### APRIL HIGHLIGHTS

- **PLAYGROUP ON TUESDAYS AND THURSDAYS AT 10:00 A.M.**
- **NO PLAYGROUP 4/16/15 (Kindergarten Round Up)**
- **MESSY ART NIGHT 4/7**
- **BLOCKFEST 4/28**



### MAY HIGHLIGHTS

- **PLAYGROUP ON TUESDAYS AND THURSDAYS AT 10:00 A.M.**
- **PAT CARNIVAL & 25TH ANNIVERSARY CELEBRATION 5/20**



MARCH 2015

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3 Playgroup	4	5 Playgroup	6	7
8	9	10 Playgroup	11 DRIVE-IN MOVIE	12 Playgroup	13	14
15	16 SPRING BREAK	17 SPRING BREAK	18 SPRING BREAK	19 SPRING BREAK	20 SPRING BREAK	21
22	23	24 Playgroup	25	26 Playgroup	27	28
29	30	31 Playgroup				

APRIL 2015

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2 Playgroup	3	4
5	6	7 Playgroup MESSY ART	8	9 Playgroup	10	11
12	13	14 Playgroup	15	16 NO Playgroup	17	18
19	20	21 Playgroup	22	23 Playgroup	24	25 PAT Graduation
26	27	28 Playgroup BLOCKFEST	29	30 Playgroup		

MAY 2015

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5 Playgroup	6	7 Playgroup	8	9
10	11	12 Playgroup	13	14 Playgroup	15	16
17	18	19 Playgroup	20 CARNIVAL	21 Playgroup	22	23
24	25 Offices Closed	26 Playgroup	27	28 Playgroup	29	30
31						



# Simple milestone checklist is first step in addressing autism concerns

*Although recent studies indicate that autism is increasing at an alarming rate, the good news is that most children experience great improvements with an early diagnosis. Autism can now be reliably diagnosed as early as 18 months, and it is usually parents who are the first to voice concerns about a possible developmental delay. So trust your instincts about your child. If you have concerns, talk to your parent educator about getting a simple, free developmental screening for your child.*

Autism spectrum disorders (ASDs) are a group of developmental disabilities that impact language and social skills and often involve challenging behaviors. People with ASDs perceive and process the world differently and symptoms can range from mild to complex.

The Centers for Disease Control and Prevention has created this family-friendly checklist for parents to use to help understand their child's development.

Because every child develops at his or her own pace, your child may reach these milestones slightly before or after other children the same age. Use this as a guide, and if you have any concerns, talk with your child's doctor or nurse.

**By the end of 7 months, many children are able to:**

- turn head when name is called
- smile back at another person
- respond to sound with sounds
- enjoy social play (such as peek-a-boo)

**By the end of 1 year (12 months), many children are able to:**

- use simple gestures (waving "bye-bye")
- make sounds such as "ma" and "da"
- imitate actions in their play (clap when you clap)
- respond when told "no"

**By the end of 1½ years (18 months), many children are able to:**

- do simple pretend play ("talk" on a toy phone)
- point to interesting objects
- look at object when you point at it and tell them to "look!"
- use several single words unprompted



**By the end of 2 years (24 months), many children are able to:**

- use 2- to 4-word phrases
- follow simple instructions
- become more interested in other children
- point to object or picture when named

**By the end of 3 years (36 months), many children are able to:**

- show affection for playmates
- use 4- to 5-word sentences
- imitate adults and playmates (run when other children run)
- play make-believe with dolls, animals, and people ("feed" a teddy bear)

**By the end of 4 years (48 months), many children are able to:**

- use 5- to 6-word sentences
- follow 3-step commands ("Get dressed. Comb your hair, and wash your face.")
- cooperate with other children

**Questions to ask your child's doctor or nurse:**

- What can I do to keep track of my child's development?
- What should I do if I'm worried about my child's progress?
- Where can I go to get more information?
- Can you refer me to a specialist for more information?

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PARENT PAGE

**PARENTS AS TEACHERS FAMILY**

# CARNIVAL

**MAY 20, 2015**  
**5:30 P.M. TO 7:00 P.M.**  
 KCKPS Central Office  
 2010 N 59th Street  
 Kansas City, Kansas

**25 YEARS**

Join in the celebration as KCK Parents as Teachers marks 25 years serving families in the Kansas City, Kansas School District!

We'll enjoy an evening of fun, food and families! Age-appropriate carnival games will be featured and prizes will be given.

*In order to be sure there is enough fun stuff to go around, we are asking that you call 913-627-4361 and let us know how many adults and how many children will be attending from your family.*

# Messy Art Night

**CALL 913-627-4361 TO RSVP**

**APRIL 7, 2015**  
**6:30 p.m. to 7:30 p.m.**  
 West Branch Library  
 Children's Area  
 1787 N 82nd Street  
 Kansas City, Kansas

**Messy Play** is an important part of early education. It offers the opportunity for physical development (fine motor skills) as well as communication and language development.

At Messy Art Night your child will explore, design and create using a variety of materials to build imagination and creativity. Through sensory experiences they will be able to respond to what they see, hear, feel, touch, and smell. With your help they will express their feelings and thoughts through color, texture, shapes and forms.

Dress your child in old clothes or bring a large t-shirt for them to wear and join us! Help your little artist--from infant to toddler--create a keepsake "master-piece" of their own.

