COVID-19 (Coronavirus Disease)

What is COVID-19?
Coronavirus disease 2019 (COVID-19) is a respiratory illness that spreads easily from person to person. It is more serious than other respiratory illness, like seasonal flu.

What are the symptoms?
Common symptoms:
- Fever, dry cough, and shortness of breath

Less common symptoms:
- Gastrointestinal illness, nasal congestion, sore throat

Who is at risk?
Anyone can get COVID-19. Older adults and people with chronic health conditions, like heart disease, lung disease, or diabetes, are at higher risk of serious illness from COVID-19.

What should I do if I’m sick?
- Stay home.
- Call your healthcare provider.
- Report your symptoms online at: www.wycokck.org/COVID-19

What can I do to slow the spread of COVID-19?
- Stay home as much as possible. Only leave for "essential" things, like getting food.
- If you do have to leave home, keep distance between people (6 feet or more). Avoid gatherings of more than 10 people.
- Practice good hygiene. Wash your hands or use hand sanitizer frequently. Cover your coughs and sneezes.

wycokck.org/COVID-19
3-1-1
Unified Government Public Health Department
March 31, 2020
COVID-19: Stay-at-Home Order

KANSAS

Now through at least April 19, 2020

STAY HOME AS MUCH AS POSSIBLE.

Only leave home for "essential activities" or to work at "essential businesses." It’s up to all of us to slow the spread of COVID-19 and protect our community.

Essential" activities and "essential" businesses support health, safety, and basic needs.

You may leave your home to...

- Get groceries and meals
- Get essential medical care
- Pick up necessary medications
- Get pet food and supplies
- Get supplies or services to maintain a household
- Go to a laundromat, dry cleaner, or other laundry service
- Care for the elderly, minors, dependents, or people with disabilities
- Get gas and repair services for your car
- Obtain supplies necessary for working from home
- Perform work providing essential services at an Essential Business
- Engage in outdoor activity, such as walking, hiking, or running

Enforcement of the Stay at Home order

Individuals violating the order can get a $500 fine.

Businesses violating the order can get a $500 fine for each day they are in violation.

We hope community members and businesses will comply voluntarily in order to protect our community.

wycokck.org/COVID-19

3-1-1

#STAYHOMEKC
#STAYHOMEKANSAS

Unified Government Public Health Dept, April 2, 2020
# COVID-19 TESTING IN WYANDOTTE COUNTY

## Who can be tested?
- Must meet certain criteria
- People with a fever of at least 100° F may be eligible

## Where is testing done?
- Sharon Lee Family Health Care: 913-396-7070
- Unified Government Public Health Department: wycokck.org/COVID-19 or 3-1-1
- Some additional community clinics and hospitals (call your doctor)

## What should I do if I think I may have COVID-19 and may need to be tested?

1. **Stay home**
2. **Report your symptoms**
   - 4 ways to report symptoms:
     - Report online at wycokck.org/COVID-19
     - Call 3-1-1
     - Call the Sharon Lee Family Health Care hotline: 913-396-7070
     - Call your regular health care provider

Please note:
- Even if you don’t qualify for testing, you may be asked to stay home and monitor your symptoms instead
- If symptoms worsen, contact your medical provider or a testing site again
- If you have severe shortness of breath, go to the emergency room (Call ahead!)

## SEE IF YOU ARE ELIGIBLE! REPORT SYMPTOMS:

- **wycokck.org/COVID-19**
- **3-1-1**
- **913-396-7070**

*Testing services available regardless of immigration status or ability to pay.*
Quarantine, Isolation, & the Stay-at-Home Order

**COVID-19 (Novel Coronavirus Disease)**

**Quarantine**

**PEOPLE WITH TRAVEL HISTORY OR CLOSE CONTACT WITH SOMEONE WHO HAS COVID-19**

If you traveled to a place with COVID-19 (Check CDC travel notices: cdc.gov/travel/notices), or if you've had close contact with someone who tested positive for COVID-19:

For 14 days, **stay at home** except to get necessary medical care. Monitor for symptoms. Call ahead before seeing a health care provider.

**Isolation**

**PEOPLE WITH SYMPTOMS OF COVID-19**

Common symptoms: fever, cough, shortness of breath

Less common symptoms: gastrointestinal illness, nasal congestion, sore throat

**Stay at home** (except to get necessary medical care) until you are symptom-free for 10 days. If possible, stay in a separate room of your home away from other people and animals. If you need medical care, call ahead.

**EVERYONE**

We all should **stay home as much as possible**.

Only leave home for "essential activities" that support health, safety, and basic needs.

The Stay at Home order is in effect until April 23, 2020.

**Stay at Home Order**

**Wyandotte County: What you need to do to help slow the spread of COVID-19**

- **EVERYONE**
  - We all should stay home as much as possible.
  - Only leave home for "essential activities" that support health, safety, and basic needs.
  - The Stay at Home order is in effect until April 23, 2020.

- **PEOPLE WITH TRAVEL HISTORY OR CLOSE CONTACT WITH SOMEONE WHO HAS COVID-19**
  - If you traveled to a place with COVID-19 (Check CDC travel notices: cdc.gov/travel/notices), or if you've had close contact with someone who tested positive for COVID-19:
    - For 14 days, stay at home except to get necessary medical care.
    - Monitor for symptoms. Call ahead before seeing a health care provider.

- **PEOPLE WITH SYMPTOMS OF COVID-19**
  - Common symptoms: fever, cough, shortness of breath
  - Less common symptoms: gastrointestinal illness, nasal congestion, sore throat
  - **Stay at home** (except to get necessary medical care) until you are symptom-free for 10 days.
  - If possible, stay in a separate room of your home away from other people and animals. If you need medical care, call ahead.

**Report symptoms online!**

**3-1-1**

**wyckck.org/COVID-19**

Unified Government Public Health Dept, March 25, 2020

#STAYHOMEKC
If possible, hold religious services remotely

online, radio, or other telecommunications

Parking lot services are okay if they follow this criteria:

- **Outdoors only**
  - Don’t use any indoor facilities

- **Stay in the car**
  - Attendees must remain in their cars the entire time

- **Avoid passing around or sharing materials**
  - Do not distribute or share anything like written materials or communion, or pass around things like collection plates or baskets

- **Avoid contact with people from different households**
  - Each vehicle should only have people who share the same household

- **Don’t linger**
  - Attendees should arrive no more than 15 minutes early and leave immediately after

- **Only open windows on driver’s side**
  - Attendees may roll down the driver’s side window(s) only (this helps with social distancing)

Religious organizations planning parking lot services are encouraged to let the Kansas City, Kansas Police Department know in advance by calling 913-225-4788

**wycokck.org/COVID-19**  
**3-1-1**

Unified Government Public Health Department  
April 10, 2020
RESOURCES LIST

WYANDOTTE COUNTY METRO RESOURCES
At a Glance

Information is current as of April 9, 2020 and hours of operation may change without notice. For additional metro-wide resources call 211 or visit the 211 website at www.211kc.org.

Unified Government Health Department
www.wycohk.org/covid-19

Health Department’s COVID-19 resources include: COVID-19 Dashboard with official data for Wyandotte County, Self-Report Symptoms online or by calling 311, Food Need Requests, Economic Resources, Volunteer/Donation Opportunities and COVID-19 Testing by provider referral only.

HEALTH CARE
All facilities require call or email for appointment. No walk-ins accepted.

Family Health Care: 913-396-7070 \ www.swbfhc.org \ Services provided regardless of ability to pay or insurance status. COVID-19 drive-thru testing. Location: Rosedale Clinic at 300 Southwest Blvd, Kansas City, KS

Duchesne Clinic: 913-321-2626 \ www.schealth.org/locations/duchesne-clinic \ Services available for low income uninsured. Location: 636 Taurome Ave, Kansas City, KS

Mercy and Truth: www.mercyandtruth.com/clinics \ Uninsured, insured, and sliding fee scale. Kansas City, KS Clinic: 913-621-0074 or kckclinical@mercyandtruth.com \ 721 N 31st St, Kansas City, KS

Vibrant Health: www.vibranthealthkc.org \ Sliding fee Medical, Dental, Behavioral and Women’s Health services \ Call or email for appointment: 913-342-2552 or appointments@vibranthealthkc.org. Include name, preferred appointment day and time, and callback number. Serving two (2) locations: Central Clinic at 21 N 12th St. #300, Kansas City, KS

Argentine Clinic at 1428 S. 32nd St. #100. Kansas City, KS

Swope Health Wyandotte: www.swopehealth.org \ Medical and Dental Health services \ Call 816-922-7600 for appointment. Location: 21 N 12th St. #300, Kansas City, KS


Mental Health America of the Heartland: Compassionate Ear Warmline 1-800-WARM-EAR (1-866-927-6327) or 913-281-2251. Open daily from 4pm-10pm, no referral needed.

FOOD ASSISTANCE
For information about Mobile Food Distributions near you, call Harvesters Customer Care at 877-653-9519.

Bethel Neighborhood Center: 14 S 7th Street, KCK 66101 \ 913-371-8218 \ Mon, Tu, Th, Fri 9am-3pm; Wed 9am-12pm \ Call to schedule appointment

Catholic Charities of Northeast Kansas: 2220 Central Avenue, KCK 66102 \ 913-621-1504 \ Mon, Tu, Th 9-noon and 1:30pm \ Drive-thru pick up - no appointment required

Crosslines Community Outreach: 736 Shawnee, KCK 66105 \ 913-281-3388 \ Mon- Fri 9am-4pm \ Drive-thru pick up - no appointment required

Giving Hope KC - (evening & weekend hours): 6640 State Avenue, KCK 66102 \ 913-291-9031 \ Tu 6pm-8pm and Sat 9 noon \ Drive-thru pick up - no appointment required

Unified Government Public Health Department
www.wycohk.org/health

United Way of Wyandotte County
www.unitedway-wyco.org
FOOD ASSISTANCE CONTINUED

For information about Mobile Food Distributions near you, call Harvesters Customer Care at 877-653-9519.

Metropolitan Lutheran Ministries: 722 Reynolds Avenue, KCK 66101 \ 913-342-8333 \ Mon-Fri 8:30-11am \ No appointment required \ Providing increased assistance to any household, regardless of income, family size or geography.

Vaughn Trent - Bonner Springs & Edwardsville: 300 Oak St, Bonner Springs, 66102 \ 913-441-0461 \ Mon, Wed & Fri 9-noon

Children’s Mercy West Clinic: 4314 State Ave, KCK 66102 \ Grab and Go lunch 11:30am-1:30pm


ASSISTANCE SERVICES
Utilities, rent or mortgage assistance. Call for appointment. No walk-ins accepted.

BPU Hardship Assistance Program
United Way of Wyandotte County: 913.371.6772 \ Email: bpuassistance@unitedway-wyco.org
- You must have received at least six months of continuous BPU service.
- You must provide proof of income (or lack of income).
- You must provide verification of other expenses that prevent you from making your BPU payment.
  You must verify that you are the resident of the address listed on your BPU bill.

Catholic Charities of Northeast Kansas: 913.621.1504 \ www.catholiccharitiesks.org \ 2220 Central Avenue, KCK, 66102 \ Mon, Tues, Thurs 9am-noon and 1-3:30pm

El Centro: 913.677.0100 \ www.elcentroinc.com \ 650 Minnesota Ave, KCK, 66101 \ Monday-Friday 8:30am – 5pm

Economic Opportunity Foundation: 913.371.7800 or 913.371.0848 \ www.eofkck.org \ 1452
Minnesota, KCK, 66102 \ Calls for assistance begin Monday, April 6th from 9:00 am and 3:30 pm

Metropolitan Lutheran Ministries: 913.342.8333 \ www.mlkc.org \ 722 Reynolds Ave, KCK, 66101 \ Call to confirm hours

Vaughn Trent (Bonner Springs & Edwardsville): 913-441-0461 \ www.vaughtrent.org \ 300 Oak St #B, Bonner Springs \ Mon, Wed, & Friday 9am-noon - Call to confirm hours

Community Health Council: 913-371-9298 \ Assistance with social needs for general and expecting/youth families. A Community Health Worker will provide assistance over the phone and telehealth options.

EMPLOYMENT SERVICES
Call for appointment. No walk-ins accepted.

Workforce Partnerships: 913.279.2600 \ www.workforcepartnership.com

Employment and unemployment benefits resources: www.workforcepartnership.com/covid-resources-for-job-seekers-and-businesses